

## Swimming Policy

The school has regard to both the physical and mental development of each of its pupils. Believing that a healthy body promotes a healthy mind, the school arranges for a course of swimming instruction in the Lahinch swimming pool for each of its students during the school year.

Attendance at this course fulfils the Aquatics Module of the PE Curriculum as laid down by the Department of Education and parents defray the cost of the course and also that of the transport to and from the pool. If a parent is unable to do this, the board will offer to defray the cost for them.

Should a child be unable to attend the course, due to ill health or any other reason, he/she will travel with the class to the pool and remain under the supervision of the class teacher.

Pupils attending the course at any given time will be from a combination of both a senior and junior class e.g. Sixth and Junior Infants, Fifth & First etc. Parents will be requested to accompany teachers and pupils to the pool to help with supervision and with dressing and undressing smaller children.

All children attending the course should wear their tracksuit. (Swimming togs may be worn under tracksuits coming to school). Each child must have a suitable bag to carry his/her swimming gear (Sports bag or similar with secure zip or other fastening).

All items brought to the pool must be clearly labelled with the child's name. This includes the bag, tracksuit, socks, underwear and shoes.

Each child must have their own togs (without pockets), towel, hair brush and swim cap, all of which must also be marked.

While in the pool, pupils must endeavour to obey the instructor's orders at all times and comply with the School Code of Conduct.

Teachers of all classes should remain on the viewing deck during the lesson in order to supervise the overall group and pupils who may need to use the toilets during the lesson.

The permission from parents to the school to let children go swimming is covered in the Annual Consent Form.

This policy will be reviewed by the Board of Management once in every school year.

This policy was adopted by the Board of Management on \_\_\_\_\_

Signed: \_\_\_\_\_  
**Chairperson of Board of Management**

Signed: \_\_\_\_\_  
**Secretary Principal**

Date: \_\_\_\_\_

Date: \_\_\_\_\_

St. Joseph's N.S. Miltown Malbay.



Review: \_\_\_\_\_ Date: \_\_\_\_\_  
**Chairperson Board of Management**

Review: \_\_\_\_\_ Date: \_\_\_\_\_  
**Chairperson of Board of Management**

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**Chairperson of Board of Management**

Review: \_\_\_\_\_ Date: \_\_\_\_\_  
**Chairperson of Board of Management**